

Safety instructions and Guidelines for Stitch Sensory Spider

Thank you for purchasing a therapy product from A Stitch Different.

What is a 'Stitch Sensory Spider'

The lycra/spandex "Stitch Sensor Spider" is a movement, proprioceptive, tactile, and deep pressure experience like no other. Perhaps you are wondering what to do with this "odd" looking thing. Oh, that's easy...just stand on it pick up the 'spider legs' and watch your body make shapes you never thought possible (among other uses which will be suggested below)

What can we do with a 'Stitch Sensory Spider'?

Because the 'Stitch Sensory Spider' is extremely stretchy & tactile, you can have the user do several things. First, place the user in front of a full-length mirror stand on the middle of the spider and using hands to hold one or two 'spider legs' stretch up high or forward to give resistance. Have them stretch it into as many shapes as possible using every part of their body, and watch the silly looks they can create. Have them hold each pose for 10 or 15 seconds to increase body awareness, balance, and or proprioception. To build up social skills try using with a partner holding 2 'legs' each. Second, you can wrap the spider around the body, starting with wrapping over one shoulder, tying the coordinating coloured leg in a loose knot then the opposite side, finally tying the last pair of 'spider legs' around the waist to give a deep pressure squeeze to the body. Do not leave unattended & not for more than 10 minutes at a time or long-term effectiveness may be compromised. NEVER use as a restraint.

Why on earth would they do these things, you ask? Most importantly, because it's FUN! Second, because it sparks creativity and imagination. Third, because it is quite therapeutic, and it feels good. 'Sensory Spider' will help children with sensory processing disorders to work on "position in space" skills. They must kinaesthetically feel what their bodies are doing and how they are coordinating their body movements. Watching themselves in a mirror, or creating shadows, will help them develop this proprioceptive sense, which is often dysfunctional in children with sensory integration dysfunction / sensory processing disorders.

The last critically therapeutic activity the "Sensory Spider" provides is heavy work/deep pressure input that is both calming and organising. Through all of these movement activities in the lycra "stitch sensory spider", they will have comfortable, resistive material to push against and have pushing against them. This will benefit both children (or adults) with tactile defensiveness as well as the sensory seeking kids (you know them...the movers, shakers, crashers, endless "energiser bunnies"!)

NOTE: The "Stitch Sensory Spider" can also be used for sensory overloaded kids or children with Autism, PDD, Aspergers, or ADD/ADHD for a calming, sensory escape! Just let them play with it and sit in a quiet room, or in a play tent, tunnel, or play hut.

The unique proprioceptive and tactile input children (or adults) experience with the Sensory Spider is unparalleled! Any one with sensory processing disorders / sensory integration dysfunction can benefit!

How to wrap the spider around the body for a deep hug



Please retain these instructions in a safe place

Safety

Ensure the item is the correct size for the user. The item should never be longer than the user is tall.

Not suitable for under 3 Years

Use of this therapy product must be supervised at all times.

Do NOT use the item for restraint. Users must be able to remove the item themselves.

Never to be used around the neck

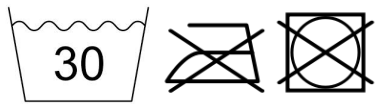
Keep away from stairs

Therapy products should only be used on the advice of a healthcare professional, eg a doctor, occupational therapist or health visitor.

If there are any signs of damage or wear to a therapy product (for example, holes, loose threads etc) please stop using immediately.

Care instructions:

Machine washable at 30 degrees. Do not tumble dry or use fabric conditioner, Do not Iron



Do not place on a heat source eg, radiator.

Keep Away From Fire

A Stitch Different accepts no responsibility for misuse of weighted therapy products we have supplied.

Any queries please contact mandy@astitchdifferent.co.uk